

Psychotherapy training 2016-17

Core Psychiatry trainees attend psychotherapy teaching for 2 ½ hours every other Thursday afternoon from 2.30-5pm, usually at Moorgreen Hospital.

Summer term programme 2017

CT1 module: CAT

Venue: Thornhill Education Library, Tom Rudd Unit, [Moorgreen Hospital](#), SO30 3JB

Dates – all Thursdays:

- 27 April
- 11 May
- 25 May
- 15 June
- 29 June
- 13 July
- 27 July

Time: 14:30 – 17:00

Facilitators: Clare Corbridge, Laura Brummer, Deborah Tee

CT2 module: Systemic

Venue: Thornhill Education Library, Tom Rudd Unit, [Moorgreen Hospital](#), SO30 3JB

Dates – all Thursdays:

- 4 May
- 18 May
- 8 June
- 22 June
- 6 July
- 20 July

Time: 14:30 – 17:00

Facilitators: Monica Roman and Dr Catherine Smith

CT3 module: Motivational Interviewing

Venue: Tom Rudd Unit, [Moorgreen Hospital](#), SO30 3JB

Dates – all Thursdays:

- 4 May
- 18 May
- 8 June
- 22 June
- 6 July
- 20 July

Time: 14:30 – 17:00

Facilitator: Halina Pruchniki

Attendance at the modules is mandatory unless the trainee has already attended an equivalent training.

Please liaise with Dr Catherine Smith as Psychotherapy Tutor if you have any questions / queries
cath.smith@southernhealth.nhs.uk

Payment and study leave for psychotherapy modules

The teaching sessions take place on the Thursdays that the trainees are not attending the Core Psychiatry course and will roughly follow academic terms, i.e. 1 module of 6 or 7 sessions per term. Each block will require 2 days study leave i.e. 3 days per 6 month post.

The cost of the course is £200 per year i.e. £100 per 6 month placement. Details about payment are given below.

Payment and study leave up to 2 February is included in that for the autumn term modules. Payment will become due on 3 February for the dates from February to July

Trainees employed by Southern Health NHS Foundation Trust will have 3 days and the cost (£100) top sliced from their Study Leave budget for each 6 month period in which they attend the psychotherapy courses. They must ensure that their clinical supervisors are aware of the dates/times that they are attending.

Non SHFT trainees are required to pay the fee to SHFT and should then apply for study leave and funding from their employing Trust in the normal way. Payment can be by cash or cheque payable to *Southern Health NHS Foundation Trust* to be sent to the Postgraduate Centre or arrangements can be made for payment by credit/debit card – please contact the postgraduate office.

The postgraduate office will send out a registration form and reminder about payment .