

Urinary catheter: Bladder irrigation practical competency

Name:	Role:
Base:	Date initial training completed:

Competency Statement:

The participant demonstrates clinical knowledge and skill in urinary catheterisation without assistance and/or direct supervision (level 3 - see level descriptors). Assessment in practice must be by a Registered Nurse who can demonstrate competence at level 4 or above.

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
The Participant will be able to:				
1. Demonstrate the practical skill in administering a catheter maintenance solution				
a) Explain and discuss with patient and gain consent	Observation			
b) On prescription chart check: <ul style="list-style-type: none"> • Check that prescribed drug has not already been given • Name of patient/service user • Name of medication • Strength • Route. • Prescribed Dose. • Calculation if any. • Time of administration • Expiry date • Allergies • Any additional instructions • Drug name and strength on blister pack against information on label. • For PRN check size & time previous dose administered 	Observation			
c) Assist the patient into the correct position	Observation			
d) Aseptic technique: Use appropriate hand hygiene Ensure the patient or their carers provide liquid soap and disposable paper towels for your visit.	Observation			
e) Prepare the equipment.	Observation			
f) Open the outer wrappings and place on appropriate surface to create sterile field	Observation			
g) Remove outer wrapping from catheter solution and place on sterile field. Warm solution to body temperature by immersing in water	Observation			
h) Expose catheter and observe for discharge, meatal problems. Place absorbent pad under catheter	Observation			

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
drainage bag junctions				
i) Wash hands with bactericidal rub and apply sterile gloves. Place sterile towel under catheter junction	Observation			
J) close clamp on catheter solution (if appropriate), remove security ring and loosen cover	Observation			
k) Squeeze the end of the catheter together just above the connection to the drainage bag. Disconnect bag keeping catheter squeezed. Remove the connecting port on the solution and insert into catheter. Release the catheter.				
l) Slide clamp open and rise bag to level of bladder and allow required amount to flow into bladder. Gentle press may be needed to start initially or as prescribed by manufacturer.				
m) Follow instructions as per manufacturer				
n) When the solution is to be removed ensure bag is below level of bladder, open clamp if closed and allow to drain back into bladder				
o) When solution has drained , close the clamp and disconnect solution container and connect new drainage bag. Note amount of fluid returned.				
p) Make the patient comfortable and dispose of equipment and wash and dry hands.				
q) Document the administration and complete patient record				

Source Urinary Catheter Care Guidelines 2012 Southern Health Foundation Trust

Date all elements of Competency Tool completed to level 3 _____

Name _____ Signature _____ Status _____ Date _____

I confirm that I have assessed the above named individual and can verify that he/she demonstrates competency in urinary catheter bladder irrigation

Assessor _____ Signature _____ Status _____ Date _____