

## Urinary catheterisation clinical competencies

Name:	Role:
Base:	Date initial training completed:

### Competency Statement:

The participant demonstrates clinical knowledge and skill in urinary catheterisation without assistance and/or direct supervision (level 3 - see level descriptors). Assessment in practice must be by a Registered Nurse who can demonstrate competence at level 4 or above.

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
<b>The Participant will be able to:</b>				
<b>1. Demonstrate knowledge and skill in urinary catheterisation</b>				
a) State when it is appropriate to utilise an indwelling urinary catheter	Questioning			
b) State when this should be reviewed	Questioning			
c) State what must be considered when selecting the right catheter for the patient	Questioning			
d) Demonstrate an understanding of the terms: i) Intermittent ii) Short term iii) Medium term iv) Long term v) Foley catheter vi) Nelaton catheter in reference to catheter use	Questioning			
e) Demonstrate an understanding of the materials used to make catheters and the circumstances that they are most appropriately used. i) PVC or Plastic (Indwelling) ii) Latex (non-coated) iii) PTFE (Teflon) coated Latex iv) Silicone elastomer-coated Latex v) 100% silicone vi) Hydrogel-coated Latex	Questioning			
f) Demonstrate an understanding of the range of catheter length and appropriate, safe choice for patients: i) Short ii) Standard iii) Paediatric	Questioning			
g) Demonstrate understanding of the range of balloon size and safe and appropriate use: i) 5 ml ii) 10 ml iii) 30 ml iv) Balloon inflation	Questioning			
h) Demonstrate understanding of the process used to select Charriere size.	Questioning			

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
i) Discuss the mechanism and appropriate use of <b>Suprapubic</b> catheters	Questioning			
j) Discuss the options of drainage systems, considerations and appropriate choices for the patient	Questioning			
k) Discuss the use of catheter valves and the criteria for use in the individual patient	Questioning			
l) Describe the process of deflating catheter balloon and safe actions to take if the balloon fails to deflate	Questioning			
m ) Discuss/demonstrate the principles of safe, effective: i) catheter maintenance ii) routines for changing a catheter  Discuss the causes and solutions to catheter blockage: i) Mucosal occlusion ii)Hydrostatic suction iii) Occlusion due to spasm iv) Mechanical causes v) Encrustation	Questioning			
n) Discuss the causes for and solutions to: i) Bypassing ii) Cramping pain iii) Urethral discomfort iv) Haematuria v) Purple Bag syndrome vi) Pain on removal	Questioning			
o) States what information must be documented following insertion of a urinary catheter	Questioning			
<b>2. Demonstrate practical skill in clinical catheterisation procedures</b>				
a) Female catheterisation	Direct observation			
b) Male catheterisation	Direct observation			
c) Suprapubic catheterisation	Direct observation			
d) Bladder irrigation	Direct observation			
e) Urine collection and analysis	Direct observation			
f) Catheter removal	Direct observation			

Source Urinary Catheter Care Guidelines 2012 Appendix G Southern Health Foundation Trust

Date all elements of Competency Tool completed to level 3 \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_ Status \_\_\_\_\_ Date \_\_\_\_\_

I confirm that I have assessed the above named individual and can verify that he/she demonstrates competency in urinary catheterisation

Assessor \_\_\_\_\_ Signature \_\_\_\_\_ Status \_\_\_\_\_ Date \_\_\_\_\_

Review Dates:	Competent Yes / No	Registered Nurse Signature	Verifier signature	Comments