

Wessex Psychiatry Trainees Committee

Message from the Chair, August 2012

Welcome to the Wessex Psychiatry training rotation! I hope that wherever you are in the deanery; whether Hampshire, Dorset, Wiltshire or the Isle of Wight; you find the next few years exciting, interesting and rewarding.

The Wessex Psychiatry Trainees Committee (WPTC) was formed to bring the views of all trainees to the groups which make decisions about our training. However, for us to be able to represent you, we need to hear from you! You can engage with us through our regular meetings (which you can all attend, and I really encourage you to do so) or by talking to your local representative, or e-mailing the committee directly.

We also run various events throughout the academic year, including the Research Day and a Trainee's Day. Both of these have been brilliantly run and organised over the last few years, and are an amazing source of practical help in your training. I urge all of you to put the dates in your diary as soon as they are available.

Finally, we want to be there to support you as a trainee in order to make sure that you feel that you are getting the best out of your time here in Wessex. If you would like to contact us, our email addresses are at the bottom of this page. The Royal College of Psychiatrists has a Psychiatry Trainees Committee (PTC), details for which are also shown below. **Our next meeting is on Thursday 30th August 2012 at 18:30, venue Tiger Lilly in Southampton (postcode: SO15 2EL).** Please do come along if you want to get involved in the committee, you're interested in becoming a locality representative or you just want to meet a few fellow trainees!

I look forward to meeting you all and hope you enjoy your time in Wessex!

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RcPsych Psychiatric Trainees Committee

<http://www.rcpsych.ac.uk/specialtytraining/trainees/ptc.aspx>
South Eastern division reps: Dr Josie Jenkinson, Dr Lara Ryan, Dr Anya Topiwala