

Compression bandaging clinical competency

Name:	Role: Band 5/6/7
Base:	Date initial training / E mot completed:

Competency Statement:

The participant demonstrates clinical knowledge and skill in compression bandaging without assistance and/or direct supervision (level 3 - see level descriptors). Assessment in practice must be by a Registered Nurse who can demonstrate competence at level 3 or above.

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
The Participant will be able to:				
1. Demonstrate the knowledge and skills to apply compression bandaging				
a) The participant has undertaken the leg ulcer course	Discussion			
b) Describe the Trusts guidelines and policy for leg ulcer management	Questioning			
c) Describe the contra-indications/precautions for compression therapy	Questioning			
d) Discuss the Registered Nurses responsibility and NMC accountability when delegation to junior and non registered staff	Questioning			
e) Describe which bandages are required to apply compression therapy	Questioning			
f) Explain to the patient why they are having compression therapy	Questioning			
g) Explain the causes of venous hypertension	Observation			
h) Demonstrate understanding of the need to gain consent and maintain privacy and dignity throughout the application of compression bandaging	Observation			
i) Describe what is Laplaces Law and Pascal's Law	Questioning			
j) Discuss why the ankle circumference should always be measured prior to application of compression bandages	Questioning			

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
k) Describe when it is not appropriate to apply compression therapy	Questioning			
l) Discuss the difference between short stretch and long stretch bandages	Questioning			
m) Discuss what is reduced compression and why might you use this	Questioning			
n) Discuss what to do if the ulcer has not improved/healed within 8 weeks	Questioning			
o) Describe why it is important to always apply padding prior to applying compression bandaging	Questioning			
2. Demonstrate the practical skills necessary to perform compression bandaging				
a) Demonstrates measurement of ankle circumference	Observation			
b) Demonstrate how much padding and bandage overlap is required for each bandage system used.	Observation			
c) Demonstrate appropriate compression bandage selection	Observation			
d) Explain to the patient why they are having compression therapy	Observation			
e) Document wound details electronically on wound assessment form	Observation			
f) Demonstrate completion of patient centred care plans and well being care plans based on the leg ulcer assessment	Observation			

Source: tissue viability group

Date all elements of Competency Tool completed to level 3 _____

Registered Nurse _____ Signature _____ Status _____ Date _____

I confirm that I have assessed the above named Registered Nurse and can verify that he/she demonstrates competency in compression bandaging

Assessor _____ Signature _____ Status _____ Date _____

Review Dates:	Competent Yes / No	Registered Nurse Signature	Verifier signature	Comments