

Continence assessment clinical competencies

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| Name: | Role: |
| Base: | Date initial training completed: |

Competency Statement:

The participant demonstrates clinical knowledge and skill in the assessment of bladder and bowel function without assistance and/or direct supervision (level 3 - see level descriptors). Assessment in practice must be by a Registered Nurse who can demonstrate competence at level 4 or above.

| Performance Criteria | Assessment Method | Level achieved | Date | Assessor/self assessed |
|--|-------------------------|----------------|------|------------------------|
| The Participant will be able to: | | | | |
| 1. Demonstrate the knowledge and skill in meeting patient's bladder and bowel care needs | | | | |
| a) Demonstrate knowledge of national and local guidelines and policies in relation to assessment of continence | Questioning | | | |
| b) Demonstrate an understanding of the anatomy and physiology of the male and female lower urinary tract in relation to urinary tract function and continence status | Questioning | | | |
| c) Demonstrate an understanding of the relevant anatomy and physiology of the gastro-intestinal tract in relation to continence status | Questioning | | | |
| c) Demonstrate an understanding of the treatments available for continence problems, and to ensure appropriate treatments have been undertaken prior to the provision of continence products | Questioning | | | |
| d) Demonstrate an understanding of when treatments have failed and continence will not be achievable | Questioning | | | |
| e) Demonstrate ability to assess a patient's continence needs, including completion of: bowel care pathway | Observation | | | |
| f) Demonstrate ability to assess an individual for an appropriate products (including barrier creams) in relation to level of continence, activities of daily living and psychological needs | Observation | | | |
| g) Demonstrate a knowledge of continence products and how to order / prescribe | Observation | | | |
| h) Complete documentation and any recommendations for ongoing treatment / follow up | Observation | | | |
| i) Demonstrate knowledge of referral to stoma care team (where appropriate) | Observation questioning | | | |

Source Royal Marsden Manual 2008, Essence of Care 2010, HCHC Bowel Care guidelines

