

**APPENDIX 3 - Enteral Feeding and Naso gastric tube insertion and maintenance clinical competencies.**

<b>Name:</b>	<b>Role:</b>
<b>Base:</b>	<b>Date initial training completed:</b>

**Competency Statement:**

The participant demonstrates clinical knowledge and skill in naso gastric insertion and maintenance without assistance and/or direct supervision (level 3 - see level descriptors). Assessment in practice must be by a Registered Nurse who can demonstrate competence at level 4 or above.

<b>Performance Criteria</b>	<b>Assessment Method</b>	<b>Level achieved</b>	<b>Date</b>	<b>Assessor/s of assessed</b>
<b>The Participant will be able to:</b>				
<b>1. Demonstrate the knowledge and understanding required to insert and maintain a nasogastric tube</b>				
a) Discuss the rationale for nasogastric tube insertion including appropriate timing, reason and roles and responsibilities.	Questioning			
b) Discuss the legal and ethical implications for the insertion of a nasogastric tube	Questioning			
c) Demonstrate knowledge of current NG policy and other relevant policies and guidelines, including Infection Prevention and Control	Questioning			
d) Demonstrate knowledge of anatomy and physiology in relation to nasogastric tube insertion	Questioning			
<b>2. Demonstrate the ability to insert a NG tube in accordance with policy and guidelines</b>				
a) Ensure patient informed and consent to treatment given	Observation/ Documentation			
b) Demonstrate correct preparation of equipment and patient environment	Observation			
c) Follow guidelines to insert nasogastric tube	Observation			
d) Demonstrate procedure for checking correct placement of nasogastric tube following insertion	Observation			
e) Demonstrate appropriate care of skin	Observation			
f) Demonstrate correct documentation of procedure and use of positioning chart	Observation			

g) Demonstrate knowledge of who to contact in the event of inability to confirm tube placement or other problems beyond competency	Observation			
h) Demonstrate ability to maintain patency of tube tube feeds and/or when medications are required	Observation			
i) Demonstrate correct documentation and use of positioning chart	Observation			
<b>3. Demonstrate knowledge and skills in enteral feeding</b>				
a) Discuss the indications for enteral feeding	Questioning			
b) Identify range of method for nutritional support	Questioning			
c) Describe how patients are screened and assessed for nutritional support	Questioning			
d) Discuss the ethical and legal implications of nutritional support	Questioning			
e) Describe three methods of delivery for feeding	Questioning			
f) List the recommendations for giving feeding through a feeding tube	Questioning			
g) Identify the main feeding routes for enteral feeding	Questioning			

Source Naso gastric tube insertion and maintenance policy SHFT 2011

Date all elements of Competency Tool completed to level 3 \_\_\_\_\_

I confirm that I have I am confident and competent in naso gastric tube insertion and maintenance

Registered Nurse \_\_\_\_\_ Signature \_\_\_\_\_ Status \_\_\_\_\_ Date \_\_\_\_\_

I confirm that I have assessed the above named Registered Nurse and can verify that he/she demonstrates competency in

Assessor \_\_\_\_\_ Signature \_\_\_\_\_ Status \_\_\_\_\_ Date \_\_\_\_\_

Review Dates:	Competent Yes / No	Registered Nurse Signature	Verifier signature	Comments
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### Levels of competency Rating Scale

	<b>Level of achievement</b>	<b>Level</b>
Novice	Cannot perform this activity satisfactorily to the level required in order to participate in the clinical environment	0
↓	Can perform this activity but not without constant supervision and assistance	1
↓	Can perform this activity with a basic understanding of theory and practice principles, but requires some supervision and assistance	2
<b>Competent Practitioner</b>	Can perform this activity with understanding of theory and practice principles without assistance and/or direct supervision	3
↓	Can perform this activity with understanding of theory and practice principles without assistance and/or direct supervision, at an appropriate pace and adhering to evidence based practice  At this level competence will have been maintained for at least 6 months and/or is used frequently (2-3 times /week) The practitioner will demonstrate confidence and proficiency and show fluency and dexterity in practice <b>This is the minimum level required to be able to assess practitioners as competent</b>	4
↓	Can perform this activity with understanding of theory and practice principles without assistance and/or direct supervision, at an appropriate pace and adhering to evidence based practice.  At this level the practitioner will be able to adapt knowledge and skill to special/ novel situations where there maybe increased levels of complexity and/or risk	5
↓	Can perform this activity with understanding of theory and practice principles without assistance and/or direct supervision, at an appropriate pace and adhering to evidence based practice. Demonstrate initiative and adaptability to special problem situations, and can lead others in performing this activity  At this level the practitioner is able to co-ordinate, lead and assess others who are assessing competence. Ideally they will have a teaching and /or mentor qualification	6
Expert		

Adapted from: Herman GD, Kenyon RJ (1987) Competency-Based Vocational Education. A Case Study, Shaftsbury, FEU, Blackmore Press, cited in Fearon, M. (1998) Assessment and measurement of competence in practice, *Nursing Standard* 12(22), pp43-47.