

Psychotherapy training 2018-19

Core Psychiatry trainees attend psychotherapy teaching for 2 ½ hours every other Thursday afternoon from 2.00-4.30pm, usually at Moorgreen Hospital.

Spring term programme 2019

CT1 module: Psychodynamic

Venue: Thornhill Education Library, Tom Rudd Unit, [Moorgreen Hospital](#), SO30 3JB

Dates – all Thursdays:

- 10 January
- 24 January
- 14 February
- 28 February
- 14 March
- 28 March

Time: 14:00 – 16:30

Facilitators: Dr Catherine Smith and Dr Leyland Sheppard

CT2 module: CT2 module: Groups and Group Processes

Venue: Tom Rudd Unit, [Moorgreen Hospital](#), SO30 3JB

Dates – all Thursdays:

- 17 January
- 31 January
- 21 February
- 7 March
- 21 March
- 4 April

Time: 14:00 – 16:30

Facilitators: Dr Gwen Adshead and Dr Catherine Smith

Attendance at the modules is mandatory unless the trainee has already attended an equivalent training.

Please liaise with Dr Catherine Smith as Psychotherapy Tutor if you have any questions / queries cath.smith@southernhealth.nhs.uk

Payment and study leave for psychotherapy modules

The teaching sessions take place on the Thursdays that the trainees are not attending the Core Psychiatry course and will roughly follow academic terms, i.e. 1 module of 6 or 7 sessions per term.

- Each block will require 2 days study leave i.e. 3 days per 6 month post.
- The cost of the course is £200 per year i.e. £100 per 6 month placement.
- Payment and study leave up to 5 February is included in that for the autumn term modules. Payment will become due on 6 February for the dates from February to July
- Trainees employed by Southern Health NHS Foundation Trust will have 3 days top sliced from their Study Leave allowance for each 6 month period in which they attend the psychotherapy courses. They must ensure that their clinical supervisors are aware of the dates/times that they are attending.
- Non SHFT trainees should apply for study leave and funding from their employing Trust in the normal way.
- Payment can be by cash or cheque payable to *Southern Health NHS Foundation Trust* to be sent to the Postgraduate Centre or arrangements can be made for payment by credit/debit card – please contact the postgraduate office.

The postgraduate office will send out a registration form and reminder about payment early in February.