

The Resuscitation Team Bio's

Hayley Stockford – Resuscitation Officer

I have worked in the NHS for over 20 years. I graduated from university with a BSc (Hons) Biomedical Science with no idea in what I wanted to do for a career. It was suggested to me by my tutor about joining the ambulance service.....and so my career started.

I became a paramedic with West Midlands Ambulance Service NHS Foundation Trust during which I became a preceptor with the new recruits. However, I wanted to expand my experience in healthcare and left the ambulance service to become a pharmaceuticals and medical devices rep. Definitely not for me but I did enjoy the teaching element of these roles. This steered me to teaching and I gained my teaching qualifications as well as my Resuscitation Council UK Advanced Life Support Instructor qualification. I began teaching resuscitation to GPs, dentists and private hospitals before becoming a Resuscitation Officer in the NHS. I have worked in numerous Trusts where I have gained a wealth of knowledge and experience. During this time I have continued my clinical role by providing medical cover to sporting events, dance festivals as examples as well as being a first responder to 999 emergencies contracted to SCAS. I have now started a new clinical role in the Emergency Department at Hampshire Hospitals Trust, providing paramedic skills and support to a very busy department. I hope to take my passion and drive to educate people into this role.

In my spare time, I take part in organised runs having completed the London Marathon, Southampton Half Marathon and numerous Great South Runs.

Kerry Lewis – Resuscitation Officer

I am an Adult Nurse by background and previously worked in Intensive Care for a number of years. Supporting others in their professional development has always been a passion of mine which developed through previous Mentorship roles. I have always had a keen interest in Resuscitation and feel that the transfer of this knowledge is fundamental in ensuring high quality, holistic patient care. My professional



qualifications include: BSc (Hons) Adult Nursing, Advanced Life Support Instructor, qualified Sign-off Mentor.

I live in Southsea and enjoy hiking, mountaineering and climbing.

Tim Matthews – Resuscitation Officer

One of my great passions is teaching so working within the resuscitation team gives me the opportunity to transfer lifesaving skills and knowledge to our staff. I know that no single approach is the right one for every individual, and so I incorporate a variety of teaching methods into the courses I deliver, I particularly believe that the introduction of humour can be an effective method in enhancing learning opportunities. My educational background includes Immediate Life Support Instructor, Advanced Life Support Provider, and BSc (Hons) Health Care Studies. I also hold professional qualifications in Anaesthetics, Surgery and Teaching.

I live in Lymington and enjoy getting out into the countryside, I also have two dogs.

Helen Collins – Resuscitation Officer

I have always had an interest in health and exercise from a young age. My original career path was in exercise as I graduated from Bournemouth University with BSc Hons Exercise Science (health and rehabilitation). I developed into the exercise industry becoming a fitness instructor, personal trainer, spinning instructor and cardiac rehabilitation instructor. This assisted in the decision to progress to a career in the healthcare industry. I started working for the NHS in 2008 when I began my career as a rehabilitation assistant in an inpatient setting. This later developed to a senior rehabilitation assistant role in the community specialising in COPD and cardiac rehabilitation. To be able to progress within the NHS I decided to study to become an adult Nurse completing my post graduate diploma at Southampton University. Since qualifying I have had experience on acute medical wards and A&E. I am now enjoying my new role as a resuscitation officer at Southern Health NHS trust. This has enabled me to use my clinical experience across various roles in numerous NHS trusts to aid development of other NHS professionals.



I have had the pleasure of travelling to many Countries and love seeing new places. My desire is to travel to a new place every year.



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